



**STATE OF NEW YORK
DIVISION OF CRIMINAL JUSTICE SERVICES**

Alfred E. Smith Office Building
80 South Swan Street
Albany, New York 12210
<http://criminaljustice.ny.gov>

MICHAEL C. GREEN
EXECUTIVE DEPUTY COMMISSIONER

ROBERT M. MACCARONE
DEPUTY COMMISSIONER AND DIRECTOR

**JUSTICE & MENTAL HEALTH COLLABORATION PROGRAM
SPECIALIZED PROBATION SUPERVISION TRAINING**

September 29-October 2, 2014
Alfred E. Smith Office Building
80 South Swan Street
Albany, New York 12210
Training Room #348

Agenda

Day One: Specialized Supervision Training for Probation Officers

- 9:00 a.m. – 9:15 a.m. Welcome and Introductions**
- Robert Maccarone, Deputy Commissioner and Director, DCJS OPCA
 - Donna Hall, Ph.D., Associate Commissioner, Division of Forensic Services, NYS Office of Mental Health
- 9:15 a.m. – 10:15 a.m. *Probation Updating the Evidence and Leading the Way: Effective Practices for Individuals with Mental Illness***
Ann-Marie Louison, Director of Behavioral Health Programs, Center for Alternative Sentencing and Employment Services (CASES)
- 10:15 a.m. – 10:30 a.m. Break**
- 10:30 a.m. – 11:00 a.m. Brief Jail Mental Health Screen (BJMHS)**
Henry J. Steadman, Ph.D., President, Policy Research Associates, Inc.
- 11:00 a.m. – 11:15 a.m. Behavioral Health Overview**
- Valerie Chakedis, Ed.D., NYS DCJS Consultant for JMHCP
- 11:15 a.m. -- 12:30 p.m. Specialized Mental Health Supervision for Probation Officers**
- Bernard Wilson, Program Manager JHMCP
 - Nancy Andino, Community Correction Rep II, DCJS OPCA
- 12:30 p.m. – 1:30 p.m. Lunch (on your own)**
- 1:30 p.m. – 2:45 p.m. Peers and Recovery**
- Cathy Cave, Director of Training
 - Dennis Mosely, Director, Peer Support Services
 - Mental Health Empowerment Project, Inc.

- Valerie Chakedis, Ed.D., NYS DCJS Consultant for JMHCP

2:45 p.m. – 3:00 p.m. Break

3:00 p.m. – 5:00 p.m. Cognitive Behavioral Interventions

- Nancy Andino, Community Correction Rep II, DCJS OPCA

Day Two: Motivational Interviewing - David Varalli

**9:00 Welcome, Opening Remarks, Overview of Agenda
Introductions and Rules**

Change: What does it look like?
Mission and goals of your work
Exercise: Interviews/ Change Agents

10:30 Break

Ambivalence Is Normal
It effects everyone on the path to change
Ambivalence Exercise

12:00 Lunch

1:00 Four Fundamental Processes of Motivational Interviewing

Engaging
Focusing
Evoking
Planning

2:30 Break

3:00 Key Communication Skills

Open-ended Questions
Exercise: Open-ended Question Ball & Triads

Affirmations
Exercise: Affirmations

Reflections

Summaries

See You Tomorrow!

Day Three: Motivational Interviewing (cont'd) - David Varalli

9:00 Review and Questions from Day One OARS Exercise

10:30 Break

10:45 Focusing
How is MI effective with mental illness/specialized caseloads?

12:00 Lunch

1:00 Evoking “change talk”/Reframing “Sustain talk”

Desire

Ability

Reasons

Need

Commitment

Activation

Taking Steps

Evoking Hope and confidence

Developing Discrepancy

Resistance=Discord/Sustain Talk

- Emphasize Autonomy
- Reframe
- Agree with a Twist
- Coming along side

5 chair exercise

2:30 Break

3:00 Planning-Smart change talk

3:30 Review and Discussion

What is next for you?

Day Four: Trauma-Informed Approaches - Carrie Wong, Forensic Training Program Coordinator, NYS Office of Mental Health

9:00 a.m. Why Learn About Trauma?

Upon completion of this module, participants will be able to:

- Discuss why probation officers should learn about trauma

9:30 a.m. What is Trauma?

Upon completion of this module, participants will be able to:

- Identify examples of traumatic events
- Define trauma
- Discuss how trauma is often ongoing for many individuals involved in the CJS
- Describe the pervasive effect trauma can have on an individual's life

10:00 a.m. Gender Differences

Upon completion of this module, participants will be able to:

- Identify examples of the types of trauma reported by women and by men
- Identify attributions ascribed to traumatic events by women and by men
- Describe the cycle of violence as a response to childhood physical abuse

10:30 a.m. Break

10:40 a.m. Trauma's Effects

Upon completion of this module, participants will be able to:

- Describe how the effect of trauma can be experienced throughout life and affect various aspects of functioning and behavior
- Describe how trauma relates to mental health and substance abuse disorders
- Describe how certain behaviors may reflect a person's attempt to survive
- Discuss how a history of trauma may result in problematic behavior

11:30 a.m. Lunch

12:15 p.m. Trauma-Informed Responses

Upon completion of this module, participants will be able to:

- Describe elements of a safe approach
- Discuss how some behaviors and symptoms related to trauma can be a challenge
- Identify issues to keep in mind when planning for safety
- Identify trauma-informed approaches to responding to different behaviors

1:30 p.m. Systems May Re-Traumatize

Upon completion of this module, participants will be able to:

- Describe ways in which community corrections, treatment providers and service systems may re-traumatize trauma survivors
- Discuss how to improve policies and procedures to make them trauma-informed

2:15 p.m. Closing

2:30 p.m. Video Clip-Wrap Up

3:00 p.m. Adjourn